

# Bobbi Walling, Ph.D., C. Psych.

## Registered Psychologist

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### EDUCATION

- 2012            Doctor of Philosophy, Department of Psychology  
Clinical Psychology  
University of Manitoba
- 2005            Master of Arts, Department of Psychology  
Clinical Psychology  
University of Manitoba
- 2001            Bachelor of Arts (Honours), Department of Psychology  
University of Saskatchewan

### CLINICAL PRACTICE

- 2011 to Present        **Forensic Psychological Services; FPS Psychological Health Services,  
Winnipeg, MB**  
Psychological and risk assessment, treatment, and consultation services for youth  
and adults with sexual and aggressive behaviour problems; Treatment of trauma,  
anxiety, and mood-related difficulties in youth and adults; Parenting support.
- 02/2011 to 03/2013    **Anxiety Disorders Service for Children and Youth,  
St. Boniface General Hospital, Winnipeg, MB**  
Individual/family treatment of anxiety disorders in children/adolescents
- 02/2011 to 02/2012    **Cardiac Psychology Service,  
St. Boniface General Hospital, Winnipeg, MB**  
Psychological assessment and treatment for high-risk cardiac patients as part of a  
multidisciplinary rehabilitative medical team

- 09/2009 to 08/2010 **Internship, Centre for Addiction and Mental Health, Toronto, ON**  
Rotations in Forensic Psychology and Clinical Sexology; Minor rotation in CBT for depression; Participation in assessments with the Toronto Arson Prevention Program for Children (TAPP-C)
- 09/2008 to 08/2009 **Couples Project, Elizabeth Hill Counseling Centre, Winnipeg, MB**  
Individual and group intervention for couples experiencing abuse dynamics/violence
- 01/2008 to 08/2009 **Forensic Psychological Services, Winnipeg, MB**  
Assessment and risk management/intervention with high risk/high need sexual and violent offenders; Co-facilitation of a group for intellectually impaired adult male sex offenders; Development and delivery of a sex-education component for group
- 06/ 2006 to 10/2008 **Enns, Enns, and Associates, Winnipeg, MB**  
Vocational and disability assessments of adolescents and adults; parent capacity assessments
- 10/2006 to 12/2007 **Department of Clinical Health Psychology, Adult Anxiety Disorders Grace General Hospital, Winnipeg, MB**  
Assessment and individual treatment of adult anxiety disorders; Co-facilitated of a CBT group for women with panic disorder
- 05/2006 to 09/2006 **Correctional Service Canada, Stony Mountain Institution, Stony Mountain, MB**  
Risk assessment, individual treatment, and crisis intervention
- 01/2006 to 05/2006 **Student Counseling and Career Centre, University of Manitoba, Winnipeg, MB**  
Assessment and diagnosis of ADHD, learning disabilities, and related disorders in university students; Administration of cognitive assessment batteries; Comprehensive report writing
- 09/2004 to 04/2006 **Psychological Services Centre, University of Manitoba, Winnipeg, MB**  
Assessment and intervention with a community population presenting with a range of problems

## **PUBLICATIONS**

- Jakul, L., & Walling, B. (in press). Women Working in Criminal Justice: A Guidebook for Navigating Professional Challenges. Brandon, VT: Safer Society Press.

Jakul, L., & Walling, B. (2015). Female therapists working with male sex offenders. In B. K. Schwartz (Ed.), *The Sexual Offender, Vol. 8*. Kingston, NJ: Civic Research Institute, Inc.

Mills, R.S.L., Imm, G.P., Walling, B.R., & Weiler, H.A. (2008). Cortisol reactivity and regulation associated with shame responding in early childhood. *Developmental Psychology, 44*, 1369-1380.

Walling, B. R., Mills, R.S.L., & Freeman, W. S. (2007). Parental cognitions associated with the use of psychological control. *Journal of Child and Family Studies, 16*, 648-659.

Mills, R.S.L., Freeman, W., Clara, I., Elgar, F., Walling, B., & Mak, L. (2007). Parent proneness to shame and the use of psychological control. *Journal of Child and Family Studies, 16*, 359-374.

Turk, D., Banfield, J., Walling, B., Heatherton, T., Grafton, S., Handy, T., Gazzaniga, M., & Macrae, N. (2004). From facial cue to dinner for two: the neural substrates of personal choice. *NeuroImage, 22*, 1281-1290.

## **PROFESSIONAL PRESENTATIONS**

Walling, B., & Jakul, L. (2016). Females working with male sex offenders: Navigating professional challenges. Half-day pre-conference workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Orlando, FL.

Jakul, L., & Walling, B. (2015). Females working with male sex offenders: Effectively managing clinical challenges. Half-day pre-conference workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Montreal, QC.

Walling, B., & Rothman, D. (2015). Supporting foster care providers of youth with complex trauma: How child protection professionals can enhance caregiver effectiveness, Part 1 & 2. Workshop presented at the 29<sup>th</sup> Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.

Walling, B., Jakul, L., & Ellerby, B. (2014). Female therapists working with male sex offenders: Effectively managing clinical challenges to optimize the therapeutic alliance. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, San Diego, CA.

Walling, B., Jakul, L., & Ellerby, B. (2012). Strategies for supporting women and addressing unique clinical challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Denver, CO.

- Jakul, L., Walling, B., & Ellerby, B. (2011). "Go talk to Brenda:" How to support and foster the unique gifts of women in the field of sex offender treatment. Workshop presented at the Association for the Treatment of Sexual Abusers Annual Meeting, Toronto.
- Imm, G., Walling, B., & Mills, R. S., (2008). Maternal psychological control and internalizing problems in early childhood. Poster presented at the Canadian Psychological Association Annual Meeting, Halifax.
- Mills, R., Walling, B., Imm, G., & Weiler, H. (2007). Shame and cortisol in early childhood. Poster presented at the Canadian Psychological Association Annual Meeting, Ottawa.
- Walling, B., Mak, L., Mills, R., & Freeman, W. (2006). Parental beliefs and psychological control. Poster presented at the Canadian Psychological Association Annual Meeting, Calgary.
- Mills, R., Walling, B., & Freeman, W. (2005). Parental control, temperament, and proneness to shame in early childhood. Poster presented at the Canadian Psychological Association Annual Meeting, Montreal.
- Walling, B. & Mills, R. (2005). Maternal beliefs associated with mothers' use of psychological control. Poster presented at the Canadian Psychological Association Annual Meeting, Montreal.
- Walling, B., Mak, L., & Freeman, W. (2005). The associations of teachers' self-efficacy with teachers' attributions for and reactions to inattentive behaviours in the classroom. Poster presented at the Canadian Psychological Association Annual Meeting, Montreal.
- Walling, B. & Mills, R. (2005). Do different forms of psychological control involve different caregiver emotions? Poster presented at the Society for Research in Child Development Biennial Meeting, Atlanta, GA.
- Mills, R., Walling, B., & Freeman, W. (2004). Parent's emotional reactions to hurtful messages from their children. Poster presented at the International Society for the Study of Behavioral Development. Ghent, Belgium.
- Baird, A., Isquith, P., Walling, B., & Golub, S. (2004). Executive function and frontal lobe development. Poster presented at the 32nd Annual Meeting of the International Neuropsychological Society. Baltimore, MD.
- Wyland, C., Walling, B., & Heatherton, T. (2004). The cognitive influences of failure on self-evaluation and memory. Poster presented at the Society for Personality and Social Psychology Annual Meeting, Austin, TX
- Baird, A., Walling, B., Gordon, H., & Gazzaniga, M. (2003). Development of amygdalo-frontal connectivity: Data from fMRI and diffusion tensor imaging. Poster presented at the Cognitive

Neuroscience Society Annual Meeting, New York, NY.

Turk, D., Banfield, J., Walling, B., Heatherton, T., Grafton, S., Handy, T., Gazzaniga, M., & Macrae, N. (2003) From facial cue to dinner for two: the neural substrates of personal choice. Poster presented at the Cognitive Neuroscience Society Annual Meeting, New York, NY.

## GRANTS AND AWARDS

- 2008 Manitoba Institute of Child Health Travel Award
- 2008 University of Manitoba Graduate Studentship
- 2007 Manitoba Institute of Child Health Travel Award
- 2006 UMSU Scholarship
- 2006 Manitoba Institute of Child Health Graduate Studentship
- 2006 Manitoba Graduate Studentship
- 2006 Manitoba Health Research Council Studentship (Declined)
- 2006 University of Manitoba Graduate Fellowship (Declined)
- 2004 CIHR Canada Graduate Scholarship Masters Award
- 2004 CIHR Health Professional Student Training Award
- 2001 Cameco Scholarship

## CONTINUING EDUCATION

- 2018 **The Importance of Sexual Health Conversations in Trauma Treatment and Child Welfare.** One-day preconference workshop presented by Douglas Braun-Harvey and Al Killen-Harvey, San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- 2017 **The Pain Paradox: Mindfulness/Compassion-Based Approaches for Complex Trauma.** One-day workshop presented by Dr. John Briere. Winnipeg, MB
- 2015 **DBT Skills Part Two: Mindfulness and Emotion Regulation.** One-day workshop presented by Dr. John Wagner, Winnipeg, MB.
- 2013 **Using Behavioural and Pharmaceutical Methods to Reduce or Block Deviant Sexual Fantasies.** One-day preconference workshop presented by Dr. Gene Abel and Dr. Mark Wiegel, ATSA 32<sup>nd</sup> Annual Research and Treatment Conference, Chicago, IL
- 2013 **Advanced Training: Solving Problems Collaboratively.** Three-day workshop presented by Dr. Ross Greene, Winnipeg, MB

- 2012 **Canadian Professional Association for Transgender Health.** Two-day pre-conference clinical training presented by Francoise Susset, Hershel Russell, and Dr. Dan Metzger, Winnipeg, MB
- 2011 **Children with Sexual Behavior Problems: Effective Treatment Components.** Half-day workshop presented by Dr. Jane Silovsky & Mr. Jimmy Widdifield, ATSA 30<sup>th</sup> Annual Research and Treatment Conference, Toronto, ON
- 2011 **An Integrated Treatment Response to Neglected and Traumatized Children: The Neurosequential Model.** Two-day workshop presented by Dr. Bruce Perry, Winnipeg, MB
- 2010 **Mindfulness and Acceptance and Commitment Therapy (ACT).** Two-day experiential workshop presented by Dr. Kelly Wilson, Toronto, ON
- 2008 **Sex Offender Treatment 101.** One-day pre-conference workshop presented by Robert McGrath, ATSA 27<sup>th</sup> Annual Research and Treatment Conference, Atlanta, GA
- 2007 **Anxiety During Childhood: Assessment, treatment, and Models of Early Intervention.** One-day pre-convention workshop presented by Dr. John Walker, CPA, 68<sup>th</sup> Annual convention, Ottawa, ON
- 2005 **Advanced Interpretation of the Wechsler Intelligence Scale for Children, Fourth edition.** One-day workshop presented by Dr. Amy Dilworth Gabel, Winnipeg, MB
- 2005 **Structural Equation Modeling.** A one-day introductory workshop presented by Dr. Gregory Hancock, Winnipeg, MB