

**Laura Jakul, Ph.D., C.Psych.  
Registered Psychologist**

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**Curriculum Vitae**

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**EDUCATION**

- 2011 Doctor of Philosophy, Department of Psychology, Clinical Psychology, University of Manitoba
- 2010 Clinical Residency, Departments of Clinical Psychology and Law & Psychiatry, Yale University School of Medicine
- 2005 Master of Arts, Department of Psychology, Clinical Psychology, University of Manitoba
- 2002 Bachelor of Arts (Honours), Departments of Psychology and English, University of Winnipeg
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**CLINICAL PRACTICE**

- 2013 - Present**      **Clinical and Forensic Psychologist, Forensic Psychological Services and FPS Psychological Health Services, Ellerby, Kolton, Rothman & Associates**  
Providing psychological assessment and treatment (individual, group, couple, family) to a broad range of forensic clients, including high-risk/high-need populations; adults and older adolescents (15-18) who have engaged in violent and sexual offences (sexual offences against children and adults, internet offences); and special populations, such as developmentally delayed and mentally disordered offenders. Conducting forensic assessments using a broad range of forensic assessment measures including: STATIC 99-R, Violence Risk Scale-Sex Offender Version (VRS-SO), STABLE-2007, Historical Clinical Risk Management-20 (HCR-20), Violence Risk Appraisal Guide-Revised (VRAG-R), Child Pornography Offender Risk Tool (CPORT), Assessment of Risk and Manageability of Individuals with Developmental and Intellectual Limitations who Offend – Sexually (ARMIDILO-S), Psychopathy Checklist Revised (PCL-R), Juvenile Sex Offender Assessment Protocol II (J-SOAP II), Estimate of Risk of Adolescent Sexual Offense Recidivism (ERASOR), and Level of Service Inventory-Revised (LSI-R). Consultation and training for adults and older adolescents with sexual, violent, addictions, and criminal behaviour problems.
- 2010 to 2013 & 2006 to 2009**      **Clinical Psychologist Candidate, Forensic Psychological Services and FPS Psychological Health Services, Ellerby, Kolton, Rothman & Associates**
- 2010 to 2012**      **Clinical Psychologist Candidate, Department of Clinical Health Psychology, Grace General Hospital**  
Providing assessment and treatment for adults with major mental health problems (e.g., depression, anxiety) and personality disorders.
- 2009 to 2010**      **Predoctoral Fellow, Forensic Drug Diversion Program, Department of Law & Psychiatry, and the Connecticut Mental Health Centre, Yale University School of Medicine**  
Providing psychological and substance abuse treatment for individuals being diverted from the criminal justice system; substance abuse assessments in capital murder cases; group treatment for violent female offenders with co-occurring substance abuse disorders; individual and group treatment with adults with severe mental illness (i.e., schizophrenia, bipolar disorder, depression).

- 2007 to 2008**            **Therapist, Assiniboine Psychological Group**  
Providing individual treatment for adults with major mental health problems.
- 2005 to 2009**            **Psychology Associate, Department of Clinical Health Psychology, St. Boniface General Hospital**  
Psychological assessment of adults (i.e., psychodiagnostic, intellectual, learning, neuropsychological screening evaluations); assessment of children with behavioural and mental health problems (anxiety, learning disorders, obsessive compulsive disorder, Tourette's Syndrome, Attention Deficit Hyperactivity Disorder).
- 2006 to 2007**            **Therapist, Canadian Mental Health Association**  
Co-facilitating treatment groups for adult women with eating disorders.
- 2006**                      **Clinical Associate, Psychology Department, Stony Mountain Institution**  
Providing psychological assessment (risk assessments for violent and sexual offending), and treatment (individual counseling, crisis intervention) to a forensic population (violent and sexual offenders, individuals serving life sentences, offenders with mental illness).
- 2003 to 2005**            **Therapist, Psychological Services Centre, University of Manitoba**  
Providing assessment and treatment for adults with major mental health problems.

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## RESEARCH & PROFESSIONAL EXPERIENCE

- 2001 to 2005            Research Assistant, Anxiety Disorders Research Clinic, St. Boniface Hospital
- 2003 to 2004            Research Assistant, Department of Clinical Health Psychology, Health Sciences Center
- 2002                      Research Assistant, English Department, University of Winnipeg
- 2002                      Psychological Testing Assistant, Coaching for Confidence: Evaluation of a community-based prevention program for the parents of anxious Kindergarten-age children
- 2001 to 2002            Lab Instructor, Intermediate Research Methods & Statistics, University of Winnipeg
- 2000 to 2002            Marker, Intermediate Research Methods, Statistics & Attention & Memory, University of Winnipeg
- 2000 to 2002            Marker and Lab Instructor, Data Analysis & Research Methods, University of Winnipeg

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## PUBLICATIONS

- Jakul, L., & Walling, B. (2019).** Women Working In Criminal Justice: A Guidebook For Navigating Professional Challenges. Brandon, VT: Safer Society Press.
- Jakul, L., & Walling, B. (2015).** Female therapists working with sex offenders. In B. K. Schwartz (Ed.), *The Sex Offender, Vol. VIII*. Kingston, NJ: Civic Research Institute, Inc.
- Jakul, L., & Baranoski, M. (2010).** Upward departure in federal sentencing based on mental illness. *Journal of the American Academy of Psychiatry and the Law, Legal Digest*, 38, 124-126.

Graff, L.A., Walker, J.R., Lix, L., Clara, I., Rawsthorne, P., Rogala, L., Miller, N. **Jakul, L.**, McPhail, C., Ediger, J., & Bernstein, C.N. (2006). The relationship of inflammatory bowel disease type and activity to psychological functioning and quality of life. *Clinical Gastroenterology and Hepatology*, 4, 1491-1501.

**Jakul, L.** (2005). Watch out for eating disorders on campus. University of Manitoba Gradzette, April.

Lee, S., Walker, J. R., **Jakul, L.**, & Sexton, K. (2004). Does elimination of placebo responders in a placebo run-in increase the treatment effect in randomized clinical trials? A meta-analytic evaluation. *Depression and Anxiety*, 19, 10-19.

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## PROFESSIONAL PRESENTATIONS AND TRAININGS

**Jakul, L.** Clinical Skills Part II. Webinar presentation for clinical staff at the Addictions Foundation of Manitoba (AFM), Winnipeg, MB, September 22, 2020.

**Jakul, L.** & Walling. Women Working in Criminal Justice. Invited presentation at the Virginia Department of Corrections (DOC) Leadership Conference, Richmond, VA, September 10, 2019.

Walling, B., & **Jakul, L.**, Women Working in Criminal Justice: Navigating Professional Challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Vancouver, BC, October, 2018.

**Jakul, L.** & Walling. Working with complex mental health problems and addictions in youth. Full day training at the Leadership Summit of the Addictions Foundation of Manitoba, June 5, 2018.

**Jakul, L.** & Walling. Effective CBT and DBT Skills and Tools for Working with Adolescents. Presentation at the Addictions Foundation of Manitoba (AFM) Youth Networking Day, May 15, 2018.

**Jakul, L.** & Walling. Working Effectively With Systems. Half-day training at the Addictions Foundation of Manitoba (AFM), March 2, 2018.

**Jakul, L.** Mental Health Challenges in Addictions Treatment. Half-day training at the Addictions Foundation of Manitoba (AFM), February 2, 2018.

**Jakul, L.** Training and Working in Forensic Psychology. Invited presentation at the Psychological Services Centre, University of Manitoba, March 7, 2017.

Walling, B., & **Jakul, L.**, Females working with male sex offenders: Navigating professional challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Orlando, FL, November, 2016.

**Jakul, L.**, & Walling, B. Females working with male sex offenders: Effectively managing clinical challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Montreal, QB, October, 2015.

Walling, B., **Jakul, L.**, & Ellerby, B. Female therapists working with male sex offenders: Effectively Managing clinical challenges to optimize the therapeutic alliance. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, San Diego, CA, October, 2014.

- Walling, B., **Jakul, L.**, & Ellerby, B. Strategies for supporting women and addressing unique clinical challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference in Denver, CO, October, 2012.
- Jakul, L.**, Walling, B., & Ellerby, B. "Go talk to Brenda:" How to support and foster the unique gifts of women in the field of sex offender treatment. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference in Toronto, ON, November, 2011.
- Jakul, L.**, & Vincent N. Effect of anti-obesity media on body image and antifat attitudes. Special Session: The unbearable weight of the "weight:" The role of weight controllability in consumer obesity and obesity stigmatization. Symposium presented at the Society for Consumer Psychology (SCP) annual conference, Miami, FL, February, 2006.
- Jakul, L.** Community Mental Health Initiatives in Winnipeg. Paper presented at the 12<sup>th</sup> Annual Child and Family Research Symposium, Winnipeg, MB, April 7, 2006.
- Jakul, L.** & Vincent, N. Does perfectionism contribute to fatigue in a clinical sample of individuals with insomnia? Poster presented at the Association of Behavioral and Cognitive Therapy annual conference (ABCT) Washington D.C., USA, November, 2005.
- Vincent, N., Penner, S. & **Jakul, L.** Motivation for behavior change among those with chronic insomnia. Symposium presented at the Association of Behavioral and Cognitive Therapy (ABCT) annual conference, Washington D.C., USA, November, 2005.
- Vincent, N., Penner, S. & **Jakul, L.** Are those with secondary insomnia satisfied with Cognitive Behavioral Treatment? Poster presented at the Association of Behavioral and Cognitive Therapy annual conference (ABCT) Washington D.C., November, 2005.
- Graff, L.A., Walker, J.R., Lix, L., Clara, I., McPhail, C.M., Ediger, J.P., **Jakul, L.**, Rogala, L. & Bernstein, C.N. Psychometric properties of Canadian Community Health Survey Psychological Functioning Scales evaluated in a population-based clinical cohort. Poster presented at the Canadian Psychological Association annual conference (CPA) Montreal, QC, June, 2004.
- Graff, L.A., Walker, J.R., Couch, K., Rogala, L., Rawsthorne, P., **Jakul, L.**, Ediger, J., McPhail, C., & Bernstein C.N. The Manitoba IBD Cohort Project: The interrelationship between disease activity, psychosocial factors, and quality of life. Poster presented at the American Gastroenterology Association annual conference (DDW) New Orleans, LA, May, 2004.

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## GRANTS & AWARDS

2006 - 2009	Social Sciences and Humanities Research Council, Canadian Graduate Scholarship - Doctorate
2005 - 2009	Duff Roblin Graduate Scholarship
2005 - 2006	University of Manitoba Graduate Fellowship
2005 - 2006	Faculty of Arts Graduate Fellowship (Declined)
2004 - 2005	Social Sciences and Humanities Research Council, Canadian Graduate Scholarship - Master's
2004 - 2005	Duff Roblin Fellowship (Declined)
2003 - 2004	Duff Roblin Fellowship
2002	R.N. Hallstead Memorial Shakespeare Prize
2000 - 2002	Academic Proficiency Scholarship, University of Winnipeg, Student of Highest Distinction
2001	Quinn McNemar Memorial Prize in Psychology

2001	Howard Daniels Memorial Shakespeare Prize
1999 - 2000	Academic Proficiency Scholarship, University of Winnipeg, Student of Distinction
1998 - 1999	Special Entrance Scholarship, University of Winnipeg
1998 - 1999	Special Entrance Scholarship, University of Manitoba (Declined)

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## CONTINUING EDUCATION

**The Neuroscience of Mindfulness-Based Meditation: Mindfulness-Based Improvements of Stress & Health**, offered through the UC San Diego Center for Mindfulness. Presented by Dr. Fadel Zeidan, February 27, 2021.

**Mindfulness-Based Stress Reduction (MBSR)** offered through the UC San Diego Center for Mindfulness. Facilitated by Dr. Jennifer Miller and Dr. Kim Huyn-Chung, September 24 – November 12, 2020.

**The Psychology of Well-Being**, Course offered online through Yale University, completed June, 2020.

**Online 10-Week MBSR Teacher Training Practicum**, offered through the UC San Diego Center for Mindfulness. Facilitated by Ms. Anne Twohig and Ms. Susan Barrett, May 19 – July 21, 2020.

**Mindfulness-Based Stress Reduction (MBSR) 6-Day Teacher Training Intensive**, offered online through the UC San Diego Center for Mindfulness. Facilitated by Ms. Beth Mulligan and Ms. Anne Twohig April 18 – 24, 2020.

**Building Our Strengths: Overcoming Addiction, Mentor, Monitor Progress, Measure Outcomes**. Recovery Capital Conference one-day workshop. Winnipeg, MB, September 13, 2019.

**Reading People to Detect Deception and Truthfulness**. One-day workshop presented by Barry Cooper, R.Psych. Winnipeg, MB, September 19, 2019.

**Working With & Managing Trauma: A Practical Skill-Based Guide For Clinicians & Case Managers**. One-day workshop presented by Kevin Creeden, M.A., LMHC. Winnipeg, MB, September 21, 2017.

**The DBT Skills: A Three Day Training**. DBT Centre of Vancouver. Presented by Alexander L. Chapman, Ph.D., R.Psych., and John Wagner, Ph.D., R.Psych. Vancouver, BC, July 12 – 14, 2017.

**The Pain Paradox: Mindfulness/Compassion-Based Approaches for Complex Trauma**. One-day workshop presented by Dr. John Briere. Winnipeg, MB, April 21, 2017.

**Mindfulness-Based Stress Reduction**. An eight-week course facilitated by Ms. Dawn MacDonald, the Compassion Project. October – December, 2016.

**DBT Skills Part Two: Mindfulness & emotion regulation**. One-day workshop presented by Dr. John Wagner. Winnipeg, MB, April, 2015.

**Preparing and Presenting Expert Testimony**. One-day preconference workshop presented by Mr. Paul Stern, ATSA's 33<sup>rd</sup> Annual Research and Treatment Conference, October, 2014, San Diego, CA.

**Using Behavioral and Pharmaceutical Methods to Reduce or Block Deviant Sexual Fantasies**. One-day preconference workshop presented by Dr. Gene Abel & Dr. Mark Wiegel, ATSA's 32<sup>nd</sup> Annual Research and Treatment Conference, October, 2013, Chicago, IL.

**Personality in DSM-5.0 and beyond (Diagnostic and Statistical Manual of Mental Disorders, 5<sup>th</sup> Ed).** One-day workshop presented by Dr. Robert Krueger, June, 2013, Winnipeg, MB.

**Introduction to the assessment and treatment of adolescents who have sexually offended.** Half-day preconference workshop presented by Dr. James Worling, ATSA's 31<sup>st</sup> Annual Research and Treatment Conference, October, 2012, Denver, CO.

**Internet facilitated sexual offending: New developments and implications for policy and practice.** Half-day preconference workshop presented by Dr. Michael Seto, ATSA's 30<sup>th</sup> Annual Research and Treatment Conference, November 2, 2011, Toronto, ON.

**An integrated treatment response to neglected and traumatized children: The neurosequential model.** Two-day workshop presented by Dr. Bruce Perry, March, 2011, Winnipeg, MB.

**Locked in, locked out: Experiences of criminalized women.** One-day workshop at the Safe and Supported Transition II Women's Conference, Organized by Correctional Service Canada; presented by Dr. Shoshana Pollack, September, 2010, Winnipeg, MB.

**Successful treatment of problematic sexual behaviors.** One-day workshop presented by Drs. John Paul Fedoroff, John Bradford, William Marshall, & Fabian Saleh, at the American Academy of Psychiatry and the Law (AAPL) annual convention, October, 2009, Baltimore, MD.

**Sex offender treatment 101.** One-day preconference workshop presented by Mr. Robert McGrath, ATSA's 27<sup>th</sup> Annual Research and Treatment Conference, October, 2008, Atlanta, GA.

**Structural equation modeling.** One-day workshop presented by Dr. Gregory Hancock, 2005, Winnipeg, MB.

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#### CURRENT ACADEMIC AND CONSULTING POSITIONS

2017 to present	<b>Clinical Consultant</b> , Youth and Adult Treatment Programs, Addictions Foundation of Manitoba (AFM)
2016 to present	<b>Clinical Associate</b> , Clinical Psychology Training Program, Department of Psychology, University of Manitoba

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#### PROFESSIONAL AFFILIATIONS

2013 to present	<b>Certified Psychologist (C.Psych.)</b> , Registration #398, Psychological Association of Manitoba
2011 to 2012	<b>Member</b> , Board of Directors for the Association for the Treatment of Sexual Abusers
2009 to present	<b>Member</b> , Association for the Treatment of Sexual Abusers
2008 to 2013	<b>Certified Psychologist Candidate (C.Psych. Cand.)</b> , Psychological Association of Manitoba
2005 to present	<b>Member</b> , Manitoba Psychological Society
2005 to present	<b>Member</b> , Canadian Psychological Association

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#### EXPERT WITNESS APPEARANCES AND CITATIONS

DGS v. The Director of Child and Family Services, Court of Queen's Bench of Manitoba (2019)  
R. v. JED, Court of Appeal of Manitoba (2018)  
R. v. JED, Provincial Court of Manitoba (2017)  
LOG v. Child and Family, Court of Queen's Bench of Manitoba (2013)